

# Saint Katherine Greek Orthodox Church



**October 22nd, 2023  
6th Sunday of Luke**

## **Mission Statement**

To Engage, Serve, and Enrich the lives of Orthodox Christians, through Word, Worship, and Outreach, and to Welcome all people to live the Orthodox Christian way of life.

## **Our Clergy:**

Fr. Timothy Pavlatos, Proistamenos  
Fr. Philip Armstrong, Priest Emeritus  
Fr. Demetrios Kavouras, Priest Emeritus

## **Contact Us:**

480-899-3330 • office@st-katherine.org • [www.stkatherineaz.org](http://www.stkatherineaz.org)

## **Church Office Hours:**

Tuesday-Thursday 9:30 a.m.-3:30 p.m. Closed 12:00-1:00 p.m. for lunch  
Fr. Timothy is off on Thursdays.

*Metropolis of San Francisco / Greek Orthodox Archdiocese of America*

## Hymns at the Small Entrance

### Resurrection Apolytikion

Let the heavens rejoice, and let things on earth be glad, for the Lord has worked power with His arm; He has trampled upon death by death; He has become the first-born of the dead. From the bowels of Hades has He delivered us, and has granted great mercy to the world.

Εὐφραίνεσθω τὰ οὐράνια, ἀγαλλιάσθω τὰ ἐπίγεια, ὅτι ἐποίησε κράτος, ἐν βραχίονι αὐτοῦ, ὁ Κύριος, ἐπάτησε τῷ θανάτῳ τὸν θάνατον, πρωτότοκος τῶν νεκρῶν ἐγένετο, ἐκ κοιλίας ᾄδου ἐρρύσατο ἡμᾶς, καὶ παρέσχε τῷ κόσμῳ τὸ μέγα ἔλεος.

### Apolytikion for St. Abercius

The truth of things hath revealed thee to thy flock as a rule of faith, an icon of meekness, and a teacher of temperance; for this cause, thou hast achieved the heights by humility, riches by poverty. O Father and Hierarch Abercius, intercede with Christ God that our souls be saved.

Κανόνα πίστεως καὶ εἰκόνα πραότητος, ἐγκρατείας διδάσκαλον, ἀνέδειξέ σε τῇ ποιίμῃ σου, ἡ τῶν πραγμάτων ἀλήθεια· διὰ τοῦτο ἐκτίσω τῇ ταπεινώσει τὰ ὑψηλά, τῇ πτωχείᾳ τὰ πλούσια, πάτερ ιεράρχα Ἀβέρκιε· πρέσβευε Χριστῷ τῷ Θεῷ, σωθῆναι τὰς ψυχὰς ἡμῶν.

### Apolytikion for the Seven Youths of Ephesus

Thy Martyrs, O Lord, in their courageous contest for Thee received as the prize the crowns of incorruption and life from Thee, our immortal God. For since they possessed Thy strength, they cast down the tyrants and wholly destroyed the demons' strengthless presumption. O Christ God, by their prayers, save our souls, since Thou art merciful.

Οἱ Μάρτυρές σου Κύριε, ἐν τῇ ἀθλήσει αὐτῶν, στεφάνους ἐκομίσαντο τῆς ἀφθαρσίας, ἐκ σοῦ τοῦ Θεοῦ ἡμῶν· σχόντες γὰρ τὴν ἰσχύν σου, τοὺς τυράννους καθείλον, ἔθραυσαν καὶ δαιμόνων, τὰ ἀνίσχυρα θράση. Αὐτῶν ταῖς ἰκεσίαις, Χριστέ ὁ Θεός, σῶσον τὰς ψυχὰς ἡμῶν.

### Apolytikion of St. Katherine

Let us sing the praise of the Bride of Christ renown, \* the Patroness of Sinai, Katherine Divine. \* Our assistance and protection, \* for she has brilliantly subdued, \* the impious refined, by the power of the Spirit. \* She was crowned as a martyr of the Lord, \* and for all, she entertains His great mercy.

Τὴν πανεύφημον νύμφην Χριστοῦ ὑμνήσωμεν, Αἰκατερίναν τὴν θεῖαν καὶ πολιοῦχον Σινᾶ, τὴν βοήθειαν ἡμῶν καὶ ἀντίληψιν, ὅτι ἐφίμωσε λαμπρῶς, τοὺς κομψοὺς τῶν ἀσεβῶν, τοῦ Πνεύματος τῇ μαχαίρᾳ, καὶ νῦν ὡς Μάρτυς στεφθεῖσα, αἰτεῖται πᾶσι τὸ μέγα ἔλεος.

### Kontakion

A protection of Christians unshamable, intercessor to our holy Maker unwavering, please reject not the prayerful cries of those who are in sin. Instead, come to us, for you are good; your loving help bring unto us, who are crying in faith to you: Hasten to intercede and speed now to supplicate, as a protection for all time, Theotokos, for those who honor you.

Προστασία τῶν Χριστιανῶν ἀκαταίσχυντε, μεσιτεία, πρὸς τὸν Ποιητὴν ἀμετάθετε, μὴ παρίδης, ἀμαρτωλῶν δεήσεων φωνάς, ἀλλὰ πρόφθασον, ὡς ἀγαθή, εἰς τὴν βοήθειαν ἡμῶν, τῶν πιστῶς κραυγαζόντων σοι· Τάχυνον εἰς πρεσβείαν, καὶ σπεῦσον εἰς ἰκεσίαν, ἡ προστατεύουσα ἀεὶ, Θεοτόκε, τῶν τιμῶντων σε.

### Epistle Reading : Galatians 1:11-19

Brethren, I would have you know that the gospel which was preached by me is not man's gospel. For I did not receive it from man, nor was I taught it, but it came through a revelation of Jesus Christ. For you have heard of my former life in Judaism, how I persecuted the church of God violently and tried to destroy it; and I advanced in Judaism beyond many of my own age among my people, so extremely zealous was I for the traditions of my fathers. But when he who had set me apart before I was born, and had called me through his grace, was pleased to reveal his Son to me, in order that I might preach him among the Gentiles, I did not confer with flesh and blood, nor did I go up to Jerusalem to those who were apostles before me, but I went away into Arabia; and again I returned to Damascus. Then after three years I went up to Jerusalem to visit Cephas, and remained with him fifteen days. But I saw none of the other apostles except James the Lord's brother.

#### Γαλάτας 1:11-19

Ἀδελφοί, γνωρίζω δὲ ὑμῖν, ἀδελφοί, τὸ εὐαγγέλιον τὸ εὐαγγελισθὲν ὑπ' ἐμοῦ, ὅτι οὐκ ἔστιν κατὰ ἄνθρωπον. Οὐδὲ γὰρ ἐγὼ παρὰ ἀνθρώπου παρέλαβον αὐτό, οὔτε ἐδιδάχθην, ἀλλὰ δι' ἀποκαλύψεως Ἰησοῦ Χριστοῦ. Ἦκούσατε γὰρ τὴν ἐμὴν ἀναστροφήν ποτε ἐν τῷ Ἰουδαϊσμῷ, ὅτι καθ' ὑπερβολὴν ἐδίωκον τὴν ἐκκλησίαν τοῦ θεοῦ, καὶ ἐπόρθουν αὐτήν· καὶ προέκοπτον ἐν τῷ Ἰουδαϊσμῷ ὑπὲρ πολλοὺς συνηλικιώτας ἐν τῷ γένει μου, περισσοτέρως ζηλωτῆς ὑπάρχων τῶν πατρικῶν μου παραδόσεων. Ὅτε δὲ εὐδόκησεν ὁ θεὸς ὁ ἀφορίσας με ἐκ κοιλίας μητρὸς μου καὶ καλέσας διὰ τῆς χάριτος αὐτοῦ, ἀποκαλύψαι τὸν υἱὸν αὐτοῦ ἐν ἐμοί ἵνα εὐαγγελίζωμαι αὐτὸν ἐν τοῖς ἔθνεσιν, εὐθέως οὐ προσανεθέμην σαρκὶ καὶ αἵματι· οὐδὲ ἀνήλθον εἰς Ἱεροσόλυμα πρὸς τοὺς πρὸ ἐμοῦ ἀποστόλους, ἀλλὰ ἀπήλθον εἰς Ἀραβίαν, καὶ πάλιν ὑπέστρεψα εἰς Δαμασκόν. Ἔπειτα μετὰ ἔτη τρία ἀνήλθον εἰς Ἱεροσόλυμα ἰστορησάει Πέτρον, καὶ ἐπέμεινα πρὸς αὐτὸν ἡμέρας δεκαπέντε. Ἔτερον δὲ τῶν ἀποστόλων οὐκ εἶδον, εἰ μὴ Ἰάκωβον τὸν ἀδελφὸν τοῦ κυρίου.

#### Gospel Reading: Luke 8:26-39

At that time, as Jesus arrived at the country of the Gadarenes, there met him a man from the city who had demons; for a long time he had worn no clothes and he lived not in a house but among the tombs. When he saw Jesus, he cried out and fell down before him, and said with a loud voice, "What have you to do with me, Jesus, Son of the Most High God? I beseech you, do not torment me." For he had commanded the unclean spirit to come out of the man. (For many a time it had seized him; he was kept under guard, and bound with chains and fetters, but he broke the bonds and was driven by the demon into the desert.) Jesus then asked him, "What is your name?" And he said, "Legion"; for many demons had entered him. And they begged him not to command them to depart into the abyss. Now a large herd of swine was feeding there on the hillside; and they begged him to let them enter these. So he gave them leave. Then the demons came out of the man and entered the swine, and the herd rushed down the steep bank into the lake and were drowned. When the herdsmen saw what happened, they fled, and told it in the city and in the country. Then people went out to see what had happened, and they came to Jesus, and found the man from whom the demons had gone, sitting at the feet of Jesus, clothed and in his right mind; and they were afraid. And those who had seen it told them how he who had been possessed with demons was healed. Then all the people of the surrounding country of the Gadarenes asked him to depart from them; for they were seized with great fear; so he got into the boat and returned. The man from whom the

demons had gone begged that he might be with him; but he sent him away, saying, "Return to your home, and declare how much God has done for you." And he went away, proclaiming throughout the whole city how much Jesus had done for him.

#### Λουκᾶν 8:26-39

Τῷ καιρῷ ἐκείνῳ, ἐλθόντι τῷ Ἰησοῦ εἰς τὴν χώραν τῶν Γαδαρηνῶν, ἣτις ἐστὶν ἀντίπερα τῆς Γαλιλαίας, ἐξεληθόντι δὲ αὐτῷ ἐπὶ τὴν γῆν ὑπήντησεν αὐτῷ ἀνὴρ τις ἐκ τῆς πόλεως, ὃς εἶχε δαιμόνια ἐκ χρόνων ἱκανῶν, καὶ ἰμάτιον οὐκ ἐνεδιδύσκετο καὶ ἐν οἰκίᾳ οὐκ ἔμενεν, ἀλλ' ἐν τοῖς μνήμασιν. ἰδὼν δὲ τὸν Ἰησοῦ καὶ ἀνακράξας προσέπεσεν αὐτῷ καὶ φωνῇ μεγάλη εἶπε· τί ἐμοὶ καὶ σοί, Ἰησοῦ, υἱὲ τοῦ Θεοῦ τοῦ ὑψίστου; δέομαί σου, μὴ με βασανίσῃς. παρήγγειλε γὰρ τῷ πνεύματι τῷ ἀκαθάρτῳ ἐξελεθεῖν ἀπὸ τοῦ ἀνθρώπου. πολλοῖς γὰρ χρόνοις συνηρπάκει αὐτόν, καὶ ἐδεσμεῖτο ἀλύσει καὶ πέδαις φυλασσόμενος, καὶ διαρρήσσων τὰ δεσμὰ ἠλαύνετο ὑπὸ τοῦ δαίμονος εἰς τὰς ἐρήμους. ἐπηρώτησε δὲ αὐτόν ὁ Ἰησοῦς λέγων· τί σοὶ ἐστὶν ὄνομα; ὁ δὲ εἶπε· λεγεὼν· ὅτι δαιμόνια πολλὰ εἰσῆλθεν εἰς αὐτόν· καὶ παρεκάλει αὐτόν ἵνα μὴ ἐπιτάξῃ αὐτοῖς εἰς τὴν ἄβυσσον ἀπελθεῖν. ἦν δὲ ἐκεῖ ἀγέλη χοίρων ἱκανῶν βοσκομένων ἐν τῷ ὄρει· καὶ παρεκάλουν αὐτόν ἵνα ἐπιτρέψῃ αὐτοῖς εἰς ἐκείνους εἰσελθεῖν· καὶ ἐπέτρεψεν αὐτοῖς. ἐξεληθόντα δὲ τὰ δαιμόνια ἀπὸ τοῦ ἀνθρώπου εἰσῆλθον εἰς τοὺς χοίρους, καὶ ὤρμησεν ἡ ἀγέλη κατὰ τὸ κρημνοῦ εἰς τὴν λίμνην καὶ ἀπεπνίγη. ἰδόντες δὲ οἱ βόσκοντες τὸ γεγεννημένον ἔφυγον, καὶ ἀπήγγειλαν εἰς τὴν πόλιν καὶ εἰς τοὺς ἀγρούς. ἐξῆλθον δὲ ἰδεῖν τὸ γεγονός, καὶ ἦλθον πρὸς τὸν Ἰησοῦν καὶ εὖρον καθήμενον τὸν ἄνθρωπον, ἀφ' οὗ τὰ δαιμόνια ἐξεληλύθει, ἰματισμένον καὶ σωφρονοῦντα παρὰ τοὺς πόδας τοῦ Ἰησοῦ, καὶ ἐφοβήθησαν. ἀπήγγειλαν δὲ αὐτοῖς οἱ ἰδόντες πῶς ἐσώθη ὁ δαιμονισθείς. καὶ ἠρώτησαν αὐτόν ἅπαν τὸ πλῆθος τῆς περιχώρου τῶν Γαδαρηνῶν ἀπελθεῖν ἀπ' αὐτῶν, ὅτι φόβῳ μεγάλῳ συνέιχοντο. αὐτὸς δὲ ἐμβὰς εἰς τὸ πλοῖον ὑπέστρεψεν. ἐδέετο δὲ αὐτοῦ ὁ ἀνὴρ, ἀφ' οὗ ἐξεληλύθει τὰ δαιμόνια, εἶναι σὺν αὐτῷ· ἀπέλυσε δὲ αὐτόν ὁ Ἰησοῦς λέγων· ὑπόστρεφε εἰς τὸν οἶκόν σου καὶ διηγοῦ ὅσα ἐποίησέ σοι ὁ Θεός. καὶ ἀπήλθε καθ' ὅλην τὴν πόλιν κηρύσσων ὅσα ἐποίησεν

#### Today we Commemorate:

- Seven Holy Martyred Youths of Ephesus
- Averkios, Equal-to-the-Apostles and Wonderworker, Bishop of Hierapolis

The Seven Youths hid themselves in a certain cave near Ephesus in the year 250, to escape the persecution of Decius. By divine grace, a sleep came upon them and they slept for 184 years, until the reign of Saint Theodosius the Younger, when the doctrine of the resurrection was being assailed by heretics. They then awoke, that is, were resurrected, confirming in the sight of all the bodily resurrection; and again after a short time, by divine command, they reposed in the Lord in the year 434.

#### Our Parish Family

If you are new to our parish and would like to become a member, please contact our Church office: [office@st-katherineaz.org](mailto:office@st-katherineaz.org) or call 480-899-3330.

To subscribe to our newsletter please visit: <https://stkatherineaz.org/>

If you are visiting and/or inquiring about the Orthodox faith and are interested in learning more, please contact Fr. Timothy: [frtimskchurch@gmail.com](mailto:frtimskchurch@gmail.com)

## Services—Week of October 22nd

**Sunday, October 22nd**

8:15 a.m. Orthros

9:30 a.m. Divine Liturgy

**Thursday, October 26th—St. Demetrios the Myrrh-Streamer**

8:00 a.m. Orthros

9:00 a.m. Divine Liturgy

**Saturday, October 28th**

Great Vespers Cancelled

## **Welcome to Our Visitors**



We welcome you with open arms and joy in our Lord , we hope your experience at St. Katherine's is a blessing for you.

Only those who are Baptized and/or Chrismated in the Orthodox faith may receive Holy Communion. If you are not Orthodox, you may approach the Chalice for a blessing. To do this, come to the chalice and simply say, “a blessing please.” Orthodox Christians desiring to receive the Body of Blood of Christ must ensure proper preparation through confession (minimum 4 times a year), reconciliation in your heart with all, and observation of the fasting guidelines set forth by the Church.

If you have any questions please contact Fr. Timothy: [frtimskchurch@gmail.com](mailto:frtimskchurch@gmail.com)

## **Fall General Assembly November 5th, 2023**

As provided by Uniform Parish Regulations of the Greek Orthodox Archdiocese of America, a meeting of the St. Katherine GOC will be held in the Community Center, after the dismissal of Liturgy on Sunday, November 5th.

All stewards should make plans to attend and participate.

Please note: To vote at a General Assembly meeting one must be a current steward. If you have not completed a 2023 pledge card, please do so right away, so that you can participate and vote on issues affecting our parish.

## Helpful Information:

**Sunday Service Times:** 8:15 a.m. Orthros, 9:30 a.m. Divine Liturgy

**Sunday School:** Sunday School meets after Communion on Sunday mornings. Grades Pre-K through 8<sup>th</sup> grade meet in the 4<sup>th</sup> acre house. Grades 9-12 meet in the conference room up in the choir loft.

**Fellowship Hour:** Fellowship Hour is being hosted by the Parish Council.

**Dean Pappas Memorial Bookstore:** Open after Liturgy.

**Please make every effort to arrive for services a little early.** If you happen to arrive late, please observe the following moments in the Divine Liturgy when you should not enter the Nave but wait quietly in the Narthex. You may enter after these moments:

- The Priest censing
- The Small Entrance
- The Great Entrance
- Epistle Reading
- Gospel Reading
- The Homily
- Consecration of the Gifts
- The Lord's Prayer

### Confession Times:

- Saturdays from 5:30 - 6:00 p.m.
- During Great Vespers immediately following the Great Censing. Please wait in the front pews closest to the Bishop's Throne.
- By appointment (Please contact the church office)

### Resources:

\*Complete Church Calendar: <https://stkatherineaz.org/parish-calendar>

\*Sunday Homilies: <https://stkatherineaz.org/homilies>

\*For Orthros (Matins) Text visit: [AGES Digital Chant Stand](#)

\*Saints, Feasts, Epistle & Gospel readings: <https://www.goarch.org/chapel/calendar>

\*Livestream on YouTube: <https://www.youtube.com/@stkatherinegreekorthodoxch8030/streams>

**Please silence cell phones when in church.**





## Catechumen Meeting Today

There will be a meeting for all Catechumens today, October 22nd in the upstairs conference room, following the dismissal of Liturgy.



Happy Birthday to our St. Katherine centenarian, Helen Tsiakalos, who will be celebrating 102 years of age Tuesday!

Please join us for birthday cake and to wish Helen a Happy Birthday after liturgy this Sunday, October 22nd.



## Prayer Requests

(Prayers for the living will be retained on the list for 40 days.)

*I Peter 4:7 Be serious and discipline yourselves in prayer. Cast all your anxiety on Him because He cares for you.*

### Living:

- Jerry, for health and healing
- Theodora & baby Brooks
- Dianne, for health and healing
- Meaghan for bereavement
- Sophia, for healing from surgery
- For our catechumens and inquirers
- For our Sunday School teachers and students
- For those impacted by wars, earthquakes, floods, and fires around the world
- For Fr. Nicholas, the staff, and boys at St. Innocent Orphanage
- For all those suffering from the violence in Israel and Orthodox Christians living in the holy land



### Departed:

- Koula Kotsogianni +
- Tula Dedaskalou +

## “A Taste of Greece” Taverna – Volunteers Needed!

Our Taverna event is coming up soon and we need lots of volunteers, especially Kitchen Help, Food Servers, and Table Busing. Any amount of time you can spend helping would be appreciated.

Click the link below, complete your contact information, and in the "comment" box, specify the specific times you can volunteer (for example: 10:00am-2:00pm).

**Please note:** The Arizona State Health Department requires a current "Food Handlers Card" for those helping in the kitchen and with food service.

The card may be obtained by taking a short course available on either of the following links:

<https://www.statefoodsafety.com/>

<https://www.efoodhandlers.com/Food-Handlers/>

The course is followed by the Health Department's online test, once you have passed the test you will be issued a certificate which is valid for 3 years.

Thank you in advance for your commitment to, and support of St. Katherine Church!

Volunteer sign-up: <https://www.signupgenius.com/go/70A0C49A9A92CA2F85-45318708-stkatherines#/>



**ONE DAY EVENT**  
Greek Food, Pastries, Music  
& Costumed Dancers  
Beer & Wine... OPA!  
Free Admission &  
Free On-Site Parking

**TAVERNA**

Rain or Shine - Inside  
Community Center

**Saturday, November 4th, 11am-8pm**  
St Katherine Greek Orthodox Church Community Center  
Just South of Elliott on Dobson Rd  
2716 N. Dobson Rd, Chandler AZ 85224  
For more information, visit our Facebook page or [ATasteofGreeceAZ.com](http://ATasteofGreeceAZ.com)



## St. Irene Philoptochos News

**October 23rd-Baking beginning at 8:30am.** Depending on the help we have we will go until we finish even if you can come for just a few hours, it will be appreciated.

It's time to begin baking for our Holiday Bake Sales. The bake sales are our largest fund raising projects for the year! We need many hands to make the work light. Next Monday we will be making Koulourakia in the Church Kitchen. Please if you are able, come join in the fun! We're going to do 1/2 the batches now and the rest another day after Thanksgiving.

In order to participate you need to have a current "Food Handlers Card". If you don't already have one, it is not hard. This is required to participate in anything involving the use of our kitchen (because of the Health Departments certification of our kitchen). This can be obtained online and is good for 3 years. Here's a link:

<https://www.statefoodsafety.com/> or you can also go to this site:

<https://www.efoodhandlers.com/Food-Handlers/> both these sites offer a short instruction about the things you need to know. They offer the Health Department online test, and once you have passed it they issue the certificate. We hope you can join us!

**November 6th General Meeting**-St Irene Philoptochos will have a General Meeting on Monday, November 6th at 6:30 p.m. in the 4th acre house.

**November 12th Philoptochos to honor Veterans**-Sunday, November 12, 2023 our Philoptochos will host Coffee Hour to celebrate our veterans. All veterans and their families are invited. Let's thank the men and women who served our country to keep us safe and free.

There will be a short program. Veterans should wear their hats (and any other part of their uniform that still fits).

**Warm Night's Sleep**- St. Irene Philoptochos is sponsoring the "Warm Night's Sleep Program, which donates new and or gently used sleeping bags and blankets to Phoenix Rescue Mission, to be distributed to the homeless during the cold winter months. Collection runs from October 22-Dec 01. A box for the blankets and or monetary donations will be located in the church hall. Your support will be appreciated. Jackie Bafaloukos and Vangela Mitchell Co Chairs.

**Holiday Basket Donations**-Please help us provide a special holiday dinner for families in our community who are in need of a helping hand. To donate, see Dianne Evripidou or any board member. All donations are greatly appreciated.!

**Veteran's Day Project**- St. Irene Philoptochos is hoping to compile a complete list of parishioners who have, or are presently serving in the US military. If you or someone in your family are a veteran please complete the card at the candle stand and return it to the office. The information we are seeking is : Complete Name, Branch of Service, and Years of Service. Thank you for your help with this project.

## Ahepa/Daughters of Penelope OXI Day Luncheon



To celebrate OXI Day, Ahepa and the Daughters of Penelope will sponsor a complimentary luncheon after Liturgy, in the Community Center on Sunday, October 29th. Donations are appreciated and all proceeds will be donated to St. Katherine Church.

### Bookstore Open

Requests may be made by emailing Carol Stathopoulos at [cnsgreekg@aol.com](mailto:cnsgreekg@aol.com).

For icons please specify subject and size: 4x6", 8x10", 11x14", etc. Delivery takes 2 and 6 weeks depending on availability.

For books please specify title and author.

For all other items please describe as accurately as possible: size, materials, and quantity. We have restocked supplies such as charcoal, incense, candles, prayer cards, prayer ropes and bracelets.

Prices reflect product costs and shipping charges. Every effort is made to obtain the lowest prices for quality products. The bookstore pricing does not include a markup for profit. All bookstore personnel volunteer their time and efforts.

Hi Ladies!

We hope everyone is enjoying the start of Fall (AZ Fall ... less than 110). It's that time again! The next Women's Ministry Lunch is:

**Date: Saturday, November 11<sup>th</sup>**

**Time: 12:30 p.m.**

**Place: BJ's Restaurant & Brewhouse**

Note: BJ's has moved from Chandler Mall! **New address:** 7151 W. Ray Rd., Chandler, AZ 85226. Located within The Shoppes at Casa Paloma (look for AJ's Fine Foods and Buca de Beppo Italian Restaurant).



Please RSVP to Athena Vasilatos (480-242-6658) by November 8<sup>th</sup> if you can attend. Looking forward to seeing all of you!

Regards, Athena Vasilatos and Jackie Bafaloukos

“Did your mother ever teach you....?”

A Little Lesson in Orthodox Etiquette

By [Pres. Jeannie Constantinou](#)

Do you know that you are not supposed to cross your legs in church? When I was growing up, you could tell that someone was a non-Orthodox visitor if she crossed her legs in church. Women cross their legs at the ankle for modesty, and this is acceptable, but not crossing your legs at the knee. Why not? Crossing your legs at the knee in church is a casual posture and shows a relaxed attitude in the presence of God that is considered disrespectful. Another stance to avoid during the divine services is to stand with your hands in your pockets. This too shows a lack of respect as well as a relaxed or casual attitude. I have sometimes seen boys stand with their hands in their pockets in the communion line. It is a good idea to gently instruct them to remove their hands from their pockets. Are these little things unimportant “technicalities”? Will something “bad” happen to us if we cross our legs in church? No, in both cases. But little behaviors like this reflect our attitude toward God and we should be mindful of the fact that we are in the presence of God. Therefore, with both large and small expressions of reverence we shape and express our Orthodox *phronema*.

***Poinsettia Memorial Donation***

*Please join us in remembering our beloved family and friends during this Christmas Season with a Memorial Poinsettia which will adorn the iconostasis.*

*Donations are \$20.00 per plant. Please complete this form and return it to the church office by December 12<sup>th</sup>.*

*Your Name:* \_\_\_\_\_

*In Memory of:* \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_



*Amount enclosed: \$* \_\_\_\_\_



## LIVING ORTHODOX - FALL RETREAT

# Thanksgiving: Living a Eucharistic Life

Join young adults (college - 30s) from across the Valley for a weekend of spiritual growth, community, and fun!

Featuring speaker presentations, hands-on liturgical workshops, iconography and music sessions, and fun off-campus social events!



### *Keynote Speaker*

Fr. Timothy Pavlatos has dedicated much of his time and attention to the integration of Orthodox theology and spirituality as it relates to the therapeutic process of counseling. He currently serves as priest at St. Katherine's in Chandler, Arizona, is a licenced marriage therapist, and is part of the Family Wellness Ministry.

**SAT-SUN, OCTOBER 28-29, 2023**  
**HOLY TRINITY GREEK ORTHODOX CATHEDRAL, PHOENIX, AZ**

Register your interest and be first to know when tickets are available!

<https://tinyurl.com/LO-events>

OR



FOLLOW LIVING ORTHODOX ON SOCIAL MEDIA!



livingorthodoxministry@gmail.com



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# ALL SAINTS CAMP

## CELEBRATION BANQUET

**SATURDAY | NOVEMBER 11, 2023**

**ASSUMPTION COMMUNITY CENTER**

**\$50 ADULTS | \$30 COLLEGE STUDENTS  
\$20 KIDS 6-12 | KIDS UNDER 6 EAT FREE**

The event will replace this year's ASC Golf Invitational to raise funds to benefit the All Saints Camp Ministry and is being hosted by Camp staff! Everyone is invited (bring the whole family) to enjoy a small taste of the camp experience while learning about how it helps our children and young adults that participate each summer. Next year's camp theme will also be announced!

**BEGINS WITH CAMP VESPERS AT 6:00 PM  
FOLLOWED BY THE BANQUET AT 6:30 PM**





The Greek Orthodox Metropolis of San Francisco  
FAMILY WELLNESS MINISTRY and  
OFFICE OF YOUTH AND YOUNG ADULTS  
present **"REAL LIFE ~ Parenting from the Heart** with  
George Papageorge, M.F.T. and the FWM team  
on ZOOM

SESSION 1:

## HOW KIDS ARE WIRED

PARENTING INSIGHTS INTO  
EMPATHY & HEALTHY BOUNDARIES

WED. OCTOBER 11 - 6:30 PM (PST)

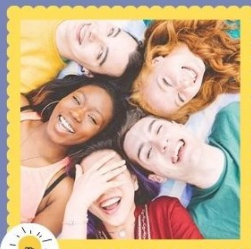


SESSION 2:

## RAISING KIDS WITH EMOTIONAL INTELLIGENCE

PARENTING STYLES  
THAT MAKE A DIFFERENCE

WED. NOVEMBER 8 - 6:30 PM (PST)



**REGISTER** for the zoom link:  
[familywellnessministry.org](https://familywellnessministry.org)



### Adults Greek Language Class

Beginners classes began October 11th on Zoom. They are held on Wednesdays from 7:00 to 8:15 pm and will continue until June. Knowledge of Greek is not a prerequisite.

We use a college-level textbook and workbook that incorporates basic grammar, vocabulary, and dialogue with an emphasis on pronunciation. **Tuition is \$75 monthly payable to St. Katherine, memo: Greek Language.**

To register: <https://stkatherineaz.org/greek-language-classes>

## Sts. Joachim & Anna Family Ministry

Join us for a new ministry connecting and strengthening families and children through crafts, singing, playing, and fellowship!

All moms, dads, grandparent caregivers are welcome to join our bi-weekly potluck get-togethers in the 4th acre house.

Questions? [skfamilyministry@gmail.com](mailto:skfamilyministry@gmail.com)

Next meeting: **Family potluck Thursday 10/26 @ 6pm**

## Young Adult Ministry

St. Katherine's Young Adult group meets on Thursdays, twice a month with Fr. Timothy in a discussion group and for social gatherings. If you would like to join and are between the ages of 18-30 please contact Maximos Lang, our YAL ministry team lead: [maxlang-music@gmail.com](mailto:maxlang-music@gmail.com).



Saint Katherine  
Greek Orthodox Church

## Young Adult Ministry

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Are you 18-29 and interested in joining a young adult ministry at Saint Katherine?

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Fill out the form to register your interest. We will contact you soon with more information.

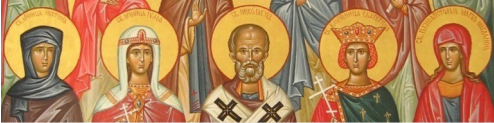


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## ORTHODOX CHRISTIAN FELLOWSHIP



### At ASU



Join us to learn about the *Original Christianity*

Meetings every Monday at 7:00 pm  
Campus Christian Center

Follow us on Instagram and message us for more info!



@ocf\_asu    ocf.net

## Catechism Class September 19th

All classes are held inside the church, on Tuesday evenings 7:00-8:15 p.m.

Register at: <https://stkatherineaz.org/catechism-fall-2023-interest>

### October:

24th- Holy Mysteries 2

### November:

7th- The Mother of God

14th- Spirituality 1

21st -Spirituality 2

28th- Spirituality 3

### December:

5th- Icons & Architecture

\* There will be no class on October 31st.

## 2023 Stewardship Cards Available Now!

151 families have pledged \$316,350

To establish/maintain stewardship, a Stewardship Pledge Card must be completed and submitted each year.

(Completing and submitting a new card each year enables our accountant to keep accurate records.)



## Light a Virtual Candle

*"I am the light of the world; he who follows me will not walk in darkness but will have the light of life. (John 8:12)*



At times it may not be possible to physically go to church and light a candle, so we offer this option for those who would like to make an offering of prayer and faith by lighting a virtual candle.

<https://stkatherineaz.org/light-a-candle>

## New Convenient Ways to Give!

Hover your phone camera over the QR code, which will take you to our website. From the menu, click on the Stewardship tab.

Digital payment platforms allow the church to accept stewardship, general or specific donations for any ministry. To ensure your donation is properly allocated, please make a note in the memo indicating your wishes.



## RECOMMENDED LEVELS OF GIVING

PERCENT OF INCOME	5%		8%		10%	
	Annual Giving	Weekly	Annual Giving	Weekly	Annual Giving	Weekly
Annual Income						
\$20,000	\$1,000	\$19.23	\$1,600	\$30.77	\$2,000	\$38.46
\$40,000	\$2,000	\$38.46	\$3,200	\$61.54	\$4,000	\$76.92
\$60,000	\$3,000	\$57.69	\$4,800	\$92.31	\$6,000	\$115.38
\$80,000	\$4,000	\$76.92	\$6,400	\$123.08	\$8,000	\$153.85
\$100,000	\$5,000	\$96.15	\$8,000	\$153.85	\$10,000	\$192.31
\$125,000	\$6,250	\$120.19	\$10,000	\$192.31	\$12,500	\$240.38
\$150,000	\$7,500	\$144.23	\$12,000	\$230.77	\$15,000	\$288.46
\$200,000	\$10,000	\$192.31	\$16,000	\$307.69	\$20,000	\$384.62



*"For where your treasure is, there your heart will be also."*

Matthew 6:21

**Thank you for your commitment.**